



**Dr. Karen Hufnagl, DC, MS**  
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[www.inavantihealth.com](http://www.inavantihealth.com)

Welcome to *In Avanti Health* – I look forward to working with you!

As a new patient, you should be fully informed about the clinic policies and practices. Therefore, please read the statements below and initial after each one to indicate your understanding.

If you have any questions about this material, you certainly may bring it with you to your initial appointment so that I can answer them to your satisfaction prior to your signing below.

**Please read the following statements and initial after each one in the space provided:**

1. Privacy and Security of Your Medical Data: Any information and medical data we obtain from you or about you will be protected as secure, private, and confidential. Only members of the immediate *In Avanti Health* staff who are involved in your care will have access to this information. We will not share this information with anyone else without your express written permission.  
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2. Informed Consent: My overall approach involves careful clinical and scientific evaluations supported by nutritional and other biochemical therapies. Consequently, much of what I do is considered “alternative” by the conventional medical establishment. In some cases your regular doctors may not be familiar with or supportive of this approach. At all times, I will do my best to explain things to your complete satisfaction. It is always your choice whether or not to proceed with the recommendations. \_\_\_\_\_
3. Your Primary Care Provider: The services provided through *In Avanti Health* are not intended to replace your relationship with your regular health care provider. I strongly encourage you to establish and maintain an ongoing

relationship with a primary care physician of your choice. I am happy to communicate and coordinate our activities with this provider should you desire it. \_\_\_\_\_

4. Emergency and After-Hours Services: Because the nature of my approach is preventive medicine, *In Avanti Health* does not provide acute care or emergency response. I do not maintain “on-call” or “after-hours” services and recommend that you get assistance for any medical emergencies through your primary care physician. \_\_\_\_\_
5. Payment Policy: *In Avanti Health* operates as a “fee for service” provider. This means that we do not accept insurance or third party payment. Instead, payment is requested at the time of service, either in full upon program initiation or via the payment plan option. \_\_\_\_\_
6. Cancellation/Missed Appointment Policy: Please provide 24 hours notice if you are unable to keep your appointment. Unless there are extenuating circumstances, appointments missed or cancelled with less than 24 hours notice are subject to a cancellation fee. \_\_\_\_\_
7. Late Policy: Out of respect for all scheduled patients, an individual arriving 15 or more minutes late for their appointment will need to reschedule to another time. \_\_\_\_\_
8. Email Policy: I often receive test results and other medical information from patients via email. Please be aware that while convenient, privacy and security in this mode of transmitting medical information is not guaranteed.  
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***I have read and understand the above information and policy statements.***

\_\_\_\_\_  
(Signature of patient, parent, or guardian)

\_\_\_\_\_  
(date)

## **SUPPLEMENT DISCLOSURE**

In order to provide the best possible services and health care to my patients, I make on ongoing effort to research and investigate the multitude of nutritional supplements available on the market. As a result, I have found several brands that I believe are among the best quality and value. These brands are also most effective in accomplishing the specific goals of my treatment programs.

Please feel free to call if you have questions. You may also want to visit my website at [www.inavantihealth.com](http://www.inavantihealth.com) for more information.

I am looking forward to getting to know you and appreciate the opportunity to make a positive contribution towards improving your health.

Sincerely,

Dr. Karen Hufnagl